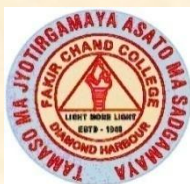


## Contemporary Perspectives of College Student Stress



Organized by  
**FAKIR CHAND COLLEGE**  
Department of Education  
Diamond Harbour, South 24 Parganas  
Pin- 743331

*In collaboration with*  
**Magrahat College, Magrahat**  
*South 24 parganas.*

**16 September, 2011**

**Venue: Fakir Chand College, Main Building**

## *Address for Correspondence :*

**Dr. Subires Bhattacharyya**  
*Principal & Chairman, Organizing Committee*

**Keya Chattopadhyay.**  
*Convenor, Organizing Committee.*

**Parthasarathi Mallik**  
*Member, Organizing Committee.*

National Seminar on **“Contemporary  
Perspectives of College Student Stress”**

Fakir Chand College, Diamond Harbour  
South 24 Parganas, Pin- 743331

Tel: 9433137862/9474577513/2440-2827

Fax: 91-3174-255230

Email: [fccseminaredn@gmail.com](mailto:fccseminaredn@gmail.com)

Website: <http://www.fccollege.net>

## CALL FOR PAPERS

Papers are invited from the participants.

An abstract (within 300 words) of the proposed paper typed in A4 size with double spacing is to be submitted to the convener, organizing committee, Fakir Chand College, Department of Education.

The papers will be considered for publication subject to the approval by the editors' committee.

## REGISTRATION

Registration fee: Rs. 100/- only. Xerox copy of the given registration form is also acceptable.

## LOCATION

Near Diamond Harbour Bus Stop, which is well connected both by Railways (Sealdah - Diamond Harbour Local) & Roadways (all Diamond Harbour / Kakdwip / Namkhana / Bakkhali / Ramganga bound buses from Esplanade).

## Contemporary Perspectives of College Student Stress

Now the most widely-used term referring to an overpowering problem world-wide is **STRESS**. At various levels of maturity, at different stages of life, the presence of stress is felt by one and all, and if one fails to cope with it, it often leads to disaster. College students usually face some specific unique stress-situation after their transition from protective school environment. Schools of Education and Psychology in universities all over the world, as well as individual scholars are researching the various perspectives of stress and stress-management. Educational institutions feel the emergent need of it and set up guidance and counselling centres as integral parts of them. The teachers need to be more and more aware of the stress situations faced by their students, so as to address to their needs and assist them in its management. We, therefore, feel that a seminar to explore the stressors and stress-reactions of the college-students, to develop awareness among the teachers about it and also the strategies of stress-management is very much the need of the day.

### Chairpersons:



*Prof. Dr. Jagadindra Mondal*

Formerly Dean & Head of the Department  
Applied Psychology, Calcutta University.



*Prof. Dr. Swapan. Kr Pramanik*

Formerly Vice-Chancellor of Vidyasagar  
University

### SPEAKERS:



*Prof. Dr. Pranab Kr Chakraborty*

Formerly Dean & Head of the Department  
of Education, Calcutta University



*Prof. Dr. S.B. Bhattacharya*

Professor & Dean, Faculty of Education.  
Banaras Hindu University, Banaras, U.P



*Prof. Dr. Kumkum Mukherjee*

Professor & Head of the Department,  
H.R.M., I.S.W.B.M, Calcutta University



*Dr. Malina Saha*

Ex-Vice Principal, M.B.B College,  
Agartala, Tripura

### Deadlines:

Submission of the Papers: 5<sup>th</sup> September 2011  
Last Date of Registration: 30<sup>th</sup> August, 2011

### UGC-Sponsored National Seminar on Contemporary Perspectives of College Student Stress REGISTRATION FORM

Last Name: .....

First Name: .....

Designation: .....

Address: .....

.....

..... Pin: .....

Email: .....

Phone/Mob:.....

Non-Veg  Veg

Abstract attached: Yes  No

Title of the Abstract: .....

.....

Date: \_\_\_\_\_  
Signature